



## Helping People With IDD Identify and Learn the Right Technology to Support Their Best Life!

*New to St. Louis City, St. Louis County, St. Charles County*

### 1) Identify

Meet with a Life Tech Specialist to identify goals and potential technology-based solutions.

### 2) Acquire

Life Tech works with you to acquire the appropriate technology. Identified tech will be provided by partnering funders.

### 3) Learn

Life Tech staff work 1-on-1 with you to learn your new technology. After initial training, Help Desk support is available for questions and troubleshooting.

## What is Life Tech?

Life Tech is a new program that supports people with IDD as they identify, acquire, and learn how to use technology to help in their day-to-day life. This personalized, goal-oriented approach pairs assistive technology solutions with individual technology needs.

The program begins with an assessment to support individuals with IDD in identifying what they need. Then, individuals acquire the needed technology to own. Finally, ongoing training and digital literacy is provided through a Life Tech Specialist to minimize technology abandonment.



# Identify

## What is Assistive Technology?

While individual needs vary, technology could include:

- Hardware devices like laptops and tablets
- Non-subscription digital applications and software
- Smart home technology
- Virtual Reality
- Electronic medical devices
- Health and wellness devices such as fitness monitors



# Acquire

## How Do I Qualify?

To qualify for Life Tech, individuals should:

- Be an adult age 18+
- Have an intellectual or developmental disability (IDD)
- Be eligible for SB-40 funded services in St. Louis County, St. Louis City, and St. Charles County
- Do not have a Medicaid Waiver



# Learn

## How Do I Learn More?

Get started by contacting the Life Tech team at [lifetech@slarc.org](mailto:lifetech@slarc.org). The team can answer questions and schedule an assessment.

If you or someone you know could benefit from this program, contact the Life Tech team at [lifetech@slarc.org](mailto:lifetech@slarc.org) to get started today!

*Services Provide By*



*Life Tech Funding Partners*

